



Washington Baltimore Center for Psychoanalysis, Inc.

Newsletter

Spring 2022

The newsletter of the
Washington Baltimore
Center for Psychoanalysis

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UPDATE FROM THE BOARD

State of the Center



Anita
Bryce

The Board has been focusing on a number of tasks since my last newsletter communication to you.

As I shared with the membership in a February email, we recently hired an impressive new Executive Director, Joe Chirico. Joe comes to us with substantial leadership experience, a sophisticated background in data management skills, financial

acumen, and a seasoned understanding of the workings of a non-profit organization with an educational focus. In addition to his experience in executive management, Joe brings a passion for helping organizations develop their vision and their goals and has an appreciation for the intricate workings of our Center. We are thrilled to have him on board.

We have received feedback from the audit completed by Vision for Equity, the firm that we hired approximately a year ago to look at issues related to diversity, inclusion, and equity within our Center. This feedback was made available to everyone in our membership.

Efforts to redesign our website and refresh our logo are well underway. We have hired the firm Thinking Partners who will be assisting us in this endeavor. Thinking Partners has already completed the first phase of our project which involved getting acquainted with the vision and goals that drive WBCP and that need to be represented throughout the new website. In the next phase we will be working on the site architecture that takes into consideration all of our objectives with the focus on different users' needs. These undertakings will hopefully make the website easier to navigate by creating a simpler more consistent approach. We are anticipating that the new website will be up and running sometime this summer.

As I am updating everyone on the activities of the Board, I find myself well aware of the fact that this will be the last time I will be communicating to all of you in this forum. My presidency will soon be ending. It is really hard to imagine that three years have gone by so quickly. And what a challenging three years it has been for all of us.

Before I bid you all adieu, I would like to say a heartfelt thank you to several very special and devoted volunteers who have given incredible amounts of time and energy to me and to the center.

Yvonne DeCuir and Karol Kullberg, the two Vice Presidents of the Board, have been with me through thick and thin. With every challenge, every

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decision, they were there, offering feedback, brainstorming, and using their creative talents in multiple and exceptional ways.

Marc Levine, our truly phenomenal Institute Director, has been extraordinary. I do not know what I would have done without him by my side, with his sophisticated technical skills, his wisdom, and his patient, thoughtful manner.

Debbie Feldheim, my predecessor, my mentor, the friend, and colleague I could turn to throughout this journey. She was someone who really knew and understood the challenges the Board was facing. Her perspicacious grasp of the situations with which we were sometimes faced was remarkable.

Beth Roberts, a member of our Board and partner at Hogan Lovells law firm who responded to numerous requests for legal counsel. She quickly connected us to colleagues at her firm who would graciously and astutely provide us with pro bono counsel. This was an exemplary contribution on her part and the part of her firm.

Last but not least, our Treasurer, Cary Gold. Cary continuously reminded the Board of the fact that it

was our fiduciary responsibility to balance the budget (which we did) and grow our funds in order for psychoanalytic ideas to exist in perpetuity, all the while he carefully and caringly oversaw our investments which have doubled in size during his time in office.

These are only a few of the many people that have contributed in so many ways. To those I have not mentioned please know how very grateful and honored I feel to have had the privilege of working with you and our Center.

As my term draws to a close, I leave with a very positive feeling about your future stewardship. Soon, Yvonne De Cuir will be at the helm, and I assure you that everyone will be in the steady hands of a very thoughtful, knowledgeable, experienced, and extremely caring president. I can think of no one who is more devoted to the well-being of our Center than Yvonne. She will lead us through the challenges that we will inevitably face with the courage, resourcefulness, sensitivity, compassion, warmth, and kindness that so many of us who have worked by her side have seen and admired.

With heartfelt appreciation,
Anita K. Bryce, Ph.D., President

Closing Thoughts from the Institute Director

As I write this piece, it appears the global pandemic might actually, this time, could it be, maybe, just maybe, (and let us pray) be turning a corner and becoming endemic, in which humans and SARS-CoV-2, and its myriad variants, will have finally reached an agreement to live and let live. Maybe. The pandemic has created many challenges in our world of psychoanalytic life and education, and if we are indeed moving past it, our challenges won't disappear, they will just be different. First, we will have to relearn how it feels to be our fully embodied selves in the presence of other embodied selves, our patients, and our colleagues, in consulting rooms, conference rooms and classrooms. And we will have to buy nicer clothing to adorn our bodies below the waist.

In a few months, my term as Institute Director will come to an end. I enter this final stretch with many thoughts and feelings, as I reflect on all that has transpired in the last three years. In my newsletter article last fall, I opened with the assertion that "all things considered, the Institute is doing quite well."

Dare I say that is still the case, but we have a lot of work to do before we can claim we are truly thriving in all the ways we strive to thrive. I want to focus here on what I believe are two of the most important goals the Institute should endeavor to achieve moving forward. First, we need to actualize our stated commitment to becoming a more diverse, inclusive, and equitable Institute. Organizational anti-racism statements are all well and good, but they are meaningless unless an organization takes concrete steps to effect change. Second, we need to improve coordination and collaboration of our programs and operations between the two cities contained in our Center's name, Baltimore and DC.

With respect to our attention to DEI issues, we have made some progress. Dr. Jessica Isom and her Vision for Equity team just completed their year-long audit of our organization. They have produced a detailed report of their findings, full of insights and data, as well as recommendations on how we can most effectively move forward

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to realize our DEI goals. We also hired Dr. Beverly Stoute, an analyst from Atlanta, to help us understand and process a racialized enactment that recently occurred in one of our classrooms.

Dr. Stoute has been extremely thoughtful and insightful, as she has extended the scope of her investigation beyond the incident, to help us understand how it is symptomatic of longstanding and systemic blind spots and biases in our organization. In addition to and alongside these consultations, we are working on multiple fronts to address issues of diversity and systemic racism. For example, the curriculum committee, under the leadership of Bob Winer and Susan Munford, are encouraging teachers to incorporate readings into their courses, and the Community Outreach Committee, led by Joy Kasset and Debbie Feldheim, are in active discussions about developing a community psychoanalysis track in our PSP and analytic training programs.

We need to work on moving our programs, and the overall culture of the Institute, closer to reflecting a truly two-city Institute, actualizing the spirit that motivated the merger of the formerly independent Washington and Baltimore Centers. The numbers of students and faculty in each city are currently quite lopsided. Almost a third of our students and candidates are based in Baltimore, and only about 5% of active faculty are in Baltimore. We hope those numbers will come closer together over time, as our Baltimore-based students graduate and join the faculty. Whatever the current numbers, the Institute Council feels strongly that we need to establish a physical presence in Baltimore now. We have begun to look into leasing space for classrooms in both cities, in which we can resume in-person teaching and learning this fall. It is no longer realistic to expect our Baltimore colleagues to commute to DC every week, so the plan is to set up state of the art videoconferencing equipment that would link the

members of a cohort in DC with those in Baltimore. Pre-pandemic, we tried that at GWU, but it didn't go well. We have learned from Jeff Akman, the new chair of Psychiatry at GWU, that the department is now undergoing a major upgrade of its technology, and if it appears it will meet our needs, we may consider returning there. However, we are completely open to other options as well. One of the positive developments related to the pandemic is that the capabilities of videoconferencing systems have come a long way, and we hope to take advantage of those new capabilities. And commercial real estate is (relatively) cheap too!

After I step down as Institute Director, I will of course remain committed to helping with the issues above in whatever ways I can. I have done my best to lead the Institute through the many, often jarring, and traumatic twists and turns our profession and our world have taken over the past few years. I would not have survived it, though, without the support, wisdom, and energy of many talented and dedicated members of our Center. The Institute Council has been stellar throughout; my deepest thanks to you all. I am also indebted to our students and candidates. My official titles have been director, teacher, training analyst, supervisor and advisor, but I am a student as well, and I have learned valuable lessons from our younger generation of aspiring therapists, analysts, and scholars. Thank you all for challenging me in so many thought-provoking and productive ways.

Finally, I wish all the best to my successor as Institute Director, Charlie Parks. Working with Charlie over these few years, I have come to appreciate and admire his clear and thoughtful manner, his sense of fairness, and his dedication to students and faculty, and to psychoanalytic education in general. I am confident he will lead the Institute with a steady hand when he takes the helm in June!

Marc S. Levine, M.D., Institute Director

Read the History of WBCP & its Legacy Organizations

https://www.ipa.world/IPA/en/Societies/societies_focus/Washington.aspx

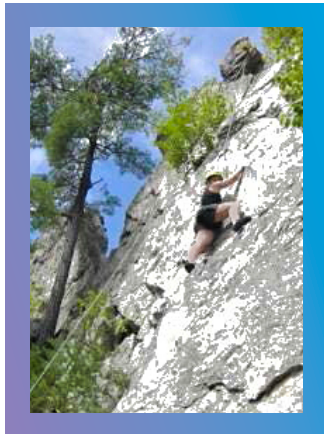
Elizabeth Manne — Decades of Service

Elizabeth came to the Baltimore Washington Institute (BWIP) in 1991. She has a background in development and management. Prior to her work at the Institute, she worked in start-up theatre groups in Los Angeles and DC and in communications and administration at American's Public Television Stations (APTS). One of Elizabeth's supervisors at APTS, Martha Zornow, was the daughter of Jocelyn Malkin, director of the BWIP. Zornow recommended Elizabeth for the ED position at BWIP, having been impressed with Elizabeth's ability to organize, lead, and manage while smiling. She pitched us to Elizabeth and Elizabeth to us. The next 31 years are history.

We became her new world: two member organizations of volunteer professionals, an Institute for Psychoanalysis with an education mission, and a Society of graduate psychoanalysts, with over-lapping activities and relations with a national organization. Elizabeth had to decipher the lines of formal as well as informal authority and responsibility. At first, communications were all by telephone and mail. It turned out to be Elizabeth's great talent to accomplish this task. It is Elizabeth who can tell us precisely which is what and what belongs where. This is her superpower. She has kept track of our changing roles, changing expectations, and changing needs. In fact, she has pointed out our needs often before we knew them. And she has done all this with humor and kindness, making friends along the way.

Through this combination of relational talent, high intelligence, and hard work, Elizabeth became a constant stabilizing force in the organization as we went through one sea change after the next. She hired, trained, and managed a small group of assistants, who also became devoted to the mission of the Institute and Society, and later the Center. She guided Institute Directors, Society Presidents, and Committee Chairs through calendars and procedures, ensuring that complicated processes ran smoothly. In her early decades with us, site visits were especially demanding of her leadership and attention to detail, and she was singled out

repeatedly for the quality of work she demonstrated to these outside evaluators. Along the way, Elizabeth served as secretary and then president of the Association of Administrators, an organization of Executive Directors of psychoanalytic organizations around the country that has been in existence since December 1957. She was approached for recruitment by other institutes on more than one occasion.



Elizabeth climbing at Seneca Rocks. WV

One special chapter was the sequence of events over several years leading to the large bequest from Paul Mellon. While these events were initiated by Barbara Jones and Harold Wylie, Elizabeth provided indispensable support including detailed documentation and rapid response to searching questions about the seriousness of our work. She helped organize and track the initial efforts to define policies and procedures for managing the gift. More than 15 years later, when circumstances led to movement toward merging the Baltimore Washington Center with the Washing-

ton Center, she provided crucial insight into the administrative challenges at every step. Her efforts continued as she assumed the Executive Director role in the merged organization. The pandemic has made new demands on her talent of adaptive response to changing circumstances. When her planned retirement date arrived, the leadership asked her to continue, to provide a transition to the next administrative team. At every step, she has used her accumulated wisdom to discern the administrative implications of any organizational decision and present them in a straightforward way to give Center leadership the best possible information with which to choose.

In other dimensions, it may not be widely known that Elizabeth has devoted herself to and excelled in other activities over the years. She is a teacher of ballroom dancing and of yoga. We know she looks forward to enjoying her wide range of interests. To say she will be missed at the Center by many does not capture the magnitude of her contributions.

*Boyd Burris, M.D.,
Kathleen Miller, Ph.D.,
and Jay Phillips, M.D.*

Inaugural Annual Community Outreach Colloquium

Saturday April 23, 2022 • 1:00PM – 4:00PM (Zoom)



The Community Outreach Study Group has been busy working on multiple fronts over this year and is pleased to announce our first Spring Colloquium entitled Beyond the Couch: Community and Psychoanalysis. Our first colloquium will be for members of the WBCP, the CFS, as well as invited community care providers. We are excited to share all that we have been learning and working on in our study group with the expanded group of our two Centers and our community partners.

Our keynote speaker, Deborah Luepnitz, Ph.D., is known as a dynamic presenter and innovative thinker and practitioner. Dr. Luepnitz is a psychoanalyst and psychologist with a private practice in Philadelphia. She is a clinical associate in the Department of Psychiatry at the University of Pennsylvania School of Medicine and founder of I.F.A. - Insight for All, a project which connects psychoanalysts with the children and adults experiencing homelessness in Philadelphia. She is the author of "Schopenhauer's Porcupines: Intimacy and Its Dilemmas."

The program will include a panel presentation by our community partners Mary's Center, Jubilee Jumpstart, St. Ann's Center for Children, and Youth and Families, along with our Center members who already serve in these organizations.

We are eager to share our evolving model of community psychoanalysis, which is a dynamic exchange between psychoanalysts and psychoanalytic psychotherapists, with individuals and organizations in our communities. The ideas are not new; but what is new is bringing this work out of the "margins" of psychoanalytic practice and giving them a central position for our attention, including expanding our training opportunities for our students and candidates.

The work involves deep listening and learning from our community partners as a foundation to offering our psychoanalytic skills and resources. We hope that the colloquium will be a next step toward sharing with members of our two Centers and other colleagues a deeper understanding of how to use their psychoanalytic skills and experience to make a meaningful impact in our surrounding communities in DC, Baltimore, Northern Virginia, and New York.

We also know that many of our members are working in the community currently or have done so in the past. We hope the colloquium also provides an opportunity for an exchange of ideas and experiences, as we learn from one another.

*Satisfies Public Health Priorities CE requirement

*Deborah Feldheim, M.D., and Joy Kasset, Ph.D.,
Co-Chairs, Community Outreach Study Group*

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Norman Spack: How I Help Transgender Teens Become Who They Want to Be

TED TALK on April 16, 2014; 17 minutes

https://www.ted.com/talks/norman_spack_how_i_help_transgender_teens_become_who_they_want_to_be?language=en#t-1009006

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Update on DEI Initiative



I hope you all have received and read the final report of our consultants, Drs. Jessica Isom, Flavia DeSouza, and Aekta Malhotra, of Vision for Equity, LLC. The report was the result of a year's work of interviews with various stakeholders, surveys, assessments, and focus groups regarding issues of diversity, equity, and inclusion within our Center. Our journey through this process of self-examination has been met with many different reactions, both positive and negative. A year ago, the Board had decided that a deep dive was necessary for our Center to assess these issues in our home and that the work needed to come from an outside perspective. The report will hopefully help us begin to put into action some of the recommendations as to how to make our organization a more diverse, welcoming, and open environment, with a special focus on our teaching and learning culture. While we pride ourselves on our thoughtfulness and strength of self-reflection, we are inextricably part of the greater society in which we exist, with all its problems and foibles. We have much

to be proud of in our innovative training programs, accomplished faculty, varied conferences, and growing commitment to outreach into the community.

However, we should not let pride cloud our recognition that we have work to do to become a truly diverse Center, one which is indeed equitable and inclusive for all our members and of the multitude of differing vantage points that we encounter; a Center that is capable of grappling with the complex issues surrounding race, gender, culture, multiple identities, and institutional bias, using our unique psychoanalytic lens. We look forward to discussing the report in our various groups and committees and hearing your reactions. The Board is extremely grateful to all of you who have extended your support, time, expertise, and tolerance to this project. Furthermore, we look forward to everyone's participation in the future.

*Karol R. Kullberg, LCSW-C,
Vice President of Board Affairs*

Black Psychoanalyst History Project:

Recognizing the Role of Race in Analytic Training at WBCP

Our WBCP mission statement puts forth as our imperative the development of strategic approaches to understand and address structural racism, and to educate people about racism and mental health. *However, in over a century of training analysts, there have only been nine Black psychoanalyst graduates of the WBCP and its legacy organizations, the BWCP and WCP.* We must ask ourselves how we can account for this, especially given the sizeable and talented community of local Black mental health providers throughout the DMV. This question gives rise to a desire to better understand the training and post-graduation experiences of our Black colleagues.

The Black Psychoanalysts History Project, a sub-committee of the Diversities Committee, has taken up this exploration. Meeting together for over a year, we developed a video interview project that focuses on Black clinicians' experiences during their training and the institutional dynamics that influenced their professional careers. Through a series of recorded interviews with our Black

Black Graduate Psychoanalysts of WBCP or Legacy Organizations

William Bradshaw, MD (deceased)
Ebony Dennis, PsyD
Constance E. Dunlap, MD
Henry Edwards, MD
Dorothy Holmes, PhD
Pamela Jennings, PhD
Edward Kirby, MD (deceased)
Marilyn Martin, MD
Carlotta Miles, MD

colleagues, we will hear firsthand how each individual navigated psychoanalytic training and subsequent professional development. At least six of our Black colleagues have volunteered to be interviewed over the course of the next two years.

We are pleased to have the support of the American Psychiatric Association who will (1) provide access

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to the APA recording studio for live, in-person recorded interviews and (2) partner with our production team in a collaborative effort to highlight these discussions.

Our project, while unique in the field, draws inspiration from the documentary, *Black Psychoanalysts Speak* (2020). In the film, Black analysts “engage in a vibrant and thought-provoking discussion about race, culture, class and the unrealized promise of psychoanalysis.” Please see:

<https://www.youtube.com/watch?v=MHPz698AgGU>

This film covers many aspects of race, focusing on the question, “What is Blackness?” and considering culture, ethnicity, racism and the experience of the Other in psychoanalysis.

The goal of Black Psychoanalysts History Project is to create educational videos of the discussions between interviewer and interviewee. Black Psychoanalysts who have volunteered to be filmed will select an interviewer of their choice. Each semi-structured interview will be followed by an open-ended interchange between the two individuals about their thoughts and reactions during their interview. With this format, the audience will bear witness to the challenges that Black candidates face in training and will observe the complex unfolding of active, engaged, focused dialogue about race between

individuals who may come from very different backgrounds, experiences and frames of reference. The Project will offer 1) insight into the historical context of psychoanalytical training for Black psychoanalysts, 2) a model for frank, empathic and thoughtful discussion about race and racism, and 3) a touchstone for integrating racial sensitivity and anti-racist principles into mental health training.

Our next steps include solidifying a budget for our project and scheduling interviews, which will be uploaded to our Center’s website upon completion. Please stay tuned for more information as the project progresses. If you want to learn more or offer your expertise to this project, please contact the project lead, Raquel Carrera at **240.753.0551** or [**raquel.t.carrera@gmail.com**](mailto:raquel.t.carrera@gmail.com)

*By Anne Adelman, Ph.D. and
Raquel Carrera, LPC, LCPC*

SUB-COMMITTEE MEMBERS:

Raquel Carrera, LPC, LCPC, Project Lead
Anne Adelman, Ph.D.
Constance Dunlap, M.D.
Dorothy Holmes, Ph.D.
Joan Liebermann, M.D.
Marilyn Martin, M.D.
Fred Pisoni, Psy.D.

James Baldwin vs William F Buckley: A legendary debate from 1965

<https://www.youtube.com/watch?v=5Tek9h3a5wQ>

LGBTQ Workshops



When the District of Columbia announced it would require psychologists to obtain two hours of continued education in cultural competency, focusing on patients who identify as LGBTQ, Yvonne DeCuir, Chair of the Program Management Committee and Terri Judge, Chair of the Conference Committee created an annual LGBTQ Workshop. This workshop is in alignment with WBCP's Diversities Committee mission statement, which encourages and supports all efforts to expand psychoanalytic thought, theory, and practice to value the richness that diversities bring to a deeper understanding of individual and community experiences.

According to a 2019 study from the Williams Institute at the UCLA School of Law, Washington DC has the highest LGBTQ population percentage in the United States. Gallup's latest update (2020) on lesbian, gay, bisexual, or transgender identification found 5.6% of US adults identifying as LGBTQ. More than half (54.6%) identify as bisexual, about a quarter (24.5%) as gay, 11.7% as lesbian, and 11.3% as transgender.

It is, often, in the safety of the consulting room where LGBTQ people can explore their gender and sexuality. WBCP is devoted to ensuring that their members treat their LGBTQ patients with culturally competent care.

The presenter for the first workshop was Sien Rivera, M.D., a PGY5

Child/Adolescent Psychiatry Fellow at Prisma Health Midlands in South Carolina. He read his paper, "From Battleground to Playground: A Winnicottian Reading of the Video Game Avatar As Transitional Phenomenon for the Queer, Transgender and/or Gender Non-Conforming Patient (TGNC)," which won the 2020 Ralph Roughton Paper Award.

The Ralph Roughton Paper Award was established in 1998 to honor the founding Chairperson of APSA's Committee on Gay and Lesbian Issues. It is given to an unpublished manuscript that makes an original and outstanding contribution to the psychoanalytic understanding and/or treatment of lesbian, gay, bisexual, queer, trans, or gender-variant people.

Sien asserted that for many youth who are questioning their sexuality or gender identity, interaction with a video game avatar may be their first attempt at exploration and play. He described the way an analyst might best engage with a queer and/or TGNC patient's virtual life in a way that is actively therapeutic. He explained, "One positions the virtual space as a holding environment and the video game avatar as a transitional phenomenon, it follows that the act of play with the avatar can serve as an essential tool for ego development. And play, specifically, can take on added significance for queer and/or TGNC individuals, for a patient

who is deprived of the ability to play must be allowed the space (and, perhaps, provided the tools) to foster it, and in order to accomplish this for the patient, the analyst must be open to play themselves." Through a clinical example, he illustrated the role of the analyst "as meeting and encouraging the patient's efforts at play, bringing the patient from a state of not being able to play into a state of being able to play."

The second LGBTQ Workshop will feature Avgi Saketopoulou, Psy.D., who will present her work with a transgender girl, which she first described in her 2015 Ralph Roughton Award winning paper, entitled, "Mourning the Bedrock: Developmental Considerations In Working with Transsexual Patients Analytically." Avgi is on faculty at the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis. Her written work has received the Ruth Stein Prize, Symonds prize, and IPA's Tiresias Prize.

The title of the workshop is "Puberty as Threshold: Psychoanalytic Considerations Regarding Hormone Blocking and Cross Sex Hormones in Work with Transgender Children." It will be held in-person on Sunday, October 23, 2022.

*Kasey Serdar, Ph.D. and
J. Unterberg, Ph.D.*

Dwelling in the Particulars:

A BRIEF INTRODUCTION TO OBSERVATIONAL STUDIES



In September 2021, the Observational Studies Program, Tavistock Method, became the newest training program to join the WBCP. Our faculty is excited to call the Center “home.” We look forward to the opportunity to forge creative and mutually beneficial links between Observational Studies and other training programs at the Center. We plan to welcome our first class in the fall of 2022. We are working to spread the news, not only about the structure of the program and its content—but also to communicate what makes this unique methodology so compelling. Since its beginning in 1948 at the Tavistock Clinic in London, more than 50 countries around the world have embraced this specific form of psychoanalytic observation training.

Observational Studies is an up-close, in person, deeply affecting experience for learning about infant and young child development and for enhancing psychoanalytic clinical skills with any age or population. It is also useful for any type of work where a grasp of unconscious processes and primitive anxieties enables thoughtful engagement. This is a big assertion. What about this training allows us to lay claim to it, or to recommend enrolling in our program?

The focus of infant observation is on the moment-to-moment experiences of everyday life and how these create the people we become. In the interactive space between a mother and a baby, an infant observer has an opportunity to follow the unfolding relationship between them as the baby/child’s mind and personality take form. Both infant and young child observations entail demanding emotional work. The observer may get in touch with their own deep longings for giving or receiving nurture; or through identifications with the baby or the mother, may feel disturbed when one or the other of them is having a bad day. Such identifications can include feeling left out like a dad or older sibling might feel when mother and baby share an intimate nursing

experience. The observer strives to develop the ability to stay with these or other uncomfortable feelings — without discharging them through action. Essential for psychoanalytic training and wisdom is the capacity to keep on thinking while experiencing strong affects or primitive anxieties that either are projected or evoked in the observer.

Learning to pay close attention to what is occurring in front of us — to take in as many details as possible and their sequence, is an essential part of infant and young child observation training. Observers also learn to give weight and to discover meaning within these elements. Each of these capacities are integral to observation and clinical work with any age or population.

The laboratory of a weekly infant observation seminar where detailed notes written from the observation from one observer’s visit with a mother/baby/young child pair are thoughtfully discussed with the other group members provides the intimate setting for close attention to the task.

Both observation and clinical work require us to tolerate waiting for patterns to unfold, for understanding to emerge rather than operating from preconceptions or overused ideas and to bear uncomfortable feelings without expelling them through action or premature ascription of meaning. We believe Observational Studies provides unique opportunities to garner the capacities necessary for clinical and many other kinds of work in an experience-near setting where we gain in-the-moment exposure to primitive anxieties and where the power of preverbal experiences is palpable.

This is but a brief introduction to the nature of the learning involved in Observational Studies.

We invite you to visit the Center’s website for a detailed description of our program and hope to see you at our Open House on May 14.

*Deborah Blessing, LICSW, Co-Chair and
Silvana Kaufman, LICSW, Co-Chair*

An Interview with Ernest Wallwork

By David Cooper

This interview was conducted last month by David Cooper with his Institute classmate, Ernie Wallwork. Ernie has come forward with a generous plan to get a scholarship program going which will hopefully help to attract a more racially diverse group of students to our Institute. The conversation took them into elements of Ernie's commitment to Civil Rights causes, a commitment consistent with his academic interest in ethics and morals.

DC: Three things: how did you get to psychoanalysis? What has your career in psychoanalysis been like for you? And I want to be sure to talk about your interest in the scholarship and diversity issues. OK?

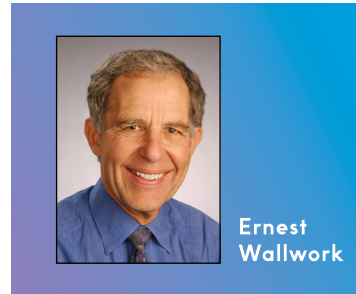
EW: Sure.

We reviewed Ernie's early history and developing interest in psychoanalysis beginning in his teenage years. His education unfolded at Harvard Business School, Yale Divinity School and Harvard's Graduate School of Arts and Sciences. His teaching interest became focused on the intersection between psychoanalysis and ethics.

When I went on to teach at Yale, I developed a popular course that I wished I could have taken when I was an undergraduate that I've taught throughout my 53 years of teaching: On what Freudian and post-Freudian psychoanalysis have to say about dreams, spirituality, healthy relationships and the good life. That course and the personal analysis I started while teaching at Yale, eventually led to writing *Psychoanalysis and Ethics* (Yale, 1991).

DC: Had you imagined at that point that at some point you would want to do training?

EW (laughs): Absolutely not. In fact, it never dawned on me until we moved to Washington, and I contacted E. James Anthony about continuing my interrupted personal analysis. In our first meeting, after explaining how I'd gotten bogged down writing because I didn't feel I understood enough about psychoanalysis as a practice, Dr. Anthony asked if I'd ever considered becoming an analyst, because "it sounds like you have the credentials to become a candidate." When he said that, a lightbulb went off: "No. Yes! That's exactly what I should do."



DC: That's so interesting. It had not occurred to you before that?

EW: No. I had expected that I would teach about psychoanalysis from a

scholarly perspective. Not to become an analyst. That had never occurred to me. When I applied, I met resistance from some of the old guard at the Washington Institute, who argued I lacked the expected credentials. But looking back, I am really grateful for how many analysts went out of their way to be helpful and to make me feel welcome, which is partially why I'm motivated today to help those from underserved communities to feel welcome, too. There's a thread here. I felt the gratitude Erik Erikson felt for how warmly he was embraced by the Freudian circle in Vienna, to be accepted where he didn't "quite belong."

We discussed Ernie's years of commuting back and forth between Syracuse, where he held a faculty position, and DC, developing a practice in both locales. He also went on to play a central role in drafting APsA's ethics code. We discussed his teaching ethics from a clinical perspective.

DC: That's a nice segue into talking about the scholarship efforts, diversity issues, which, it seems to me comes out of an ethical stance.

EW: Yeah. It's always been a puzzle to me where my deep involvement very early in the Civil Rights movement began. I do know that as a ten-year old I was profoundly upset by the grinding poverty we encountered during a car trip to Florida in the 1940s before the interstate highway system bypassed the depressed farmlands of the southern states. Years later, several of my professors at Yale were Freedom Riders who sought to end the segregation of bus terminals in 1961. I followed their model of civil rights activism after graduation, when my wife and I accepted an invitation to be in a wedding of close friends that involved integrating the segregated Episcopal cathedral in Atlanta. This was in 1964, shortly after the Mississippi civil rights workers Chaney, Goodman, and Schwerner were

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murdered. A major newspaper published an op-ed piece hoping that somebody would assassinate the new Freedom Riders, my wife and me, for integrating this otherwise all black wedding.

DC: And you knew about all this in real time as these discussions were going on?

EW: Yes. Before we drove South, the op-ed piece advocating our murder had been published. We spent most of the time during the rehearsal practicing how the black doctors in the front row would try to save my wife and me after we were shot and get us to an ambulance waiting outside. Nothing actually happened during the service. But for two days trucks with heavily armed white men drove through the black neighborhood where we were staying with the bride's family, shooting in the air and at me the couple of times when I was spotted outside.

One time after I was spotted, I only got away by running through backyards between houses with shots coming at me whenever I found myself in an exposed area. [This is all connected to] our conversation about my making a scholarship gift and the reason it is focused

the way it is (specifically to help train more Black candidates)... I wanted to do something that would make a difference.

DC: I puzzle over what feels to me like my own passive participation in the status quo for many years. Like coming to meetings and not finding myself shocked at the sea of white faces. Do you feel you had that kind of response early on or not so much?

EW: I've become more aware of it in recent times.... Looking back and seeing myself as a very privileged white male, I've been too passive and not spoken up about the racial injustices all around us.

DC: It's complicated because in some ways psychoanalysis seemed like a bastion of liberal social thinking, but we never turned that eye on our own house to say, "why do we look like this?"

EW: Right. When you and I were candidates, gays were the ones being discriminated against. Soccarides had a discussion group at the American on treating gays that I went to expecting something totally different, only to learn the focus was on the psychopathology of homosexuality.

DC: It's not the same thing (as it was), but it's like there's this stain that we are trying to confront and deal with. I never heard anybody propose there is pathology in being of a different (non-white) race like we did with variations in gender and sexuality, and yet we've been in this position of saying, "we don't know why people of color don't like us," which is a way of not wrestling with... I certainly feel grateful to you for getting this ball [scholarships] rolling, and we'll have to figure out how we'll push it ahead now, but at least we have some funds to do that. I had never heard your story about Atlanta 1964, but this [endowing a scholarship fund] is a wonderful bookend to this passion of yours and to your ethical-moral sense, which has clearly been with you for a lifetime.

EW: Yeah, for some reason, don't know why (*chuckles*). Analysis never taught me.

DC: Thank you; I appreciate your taking the time. I'm really glad you're going to be featured a little bit, because people should know what you've given to psychoanalysis and what a treasure you've been in our local group.

EW: Thank you, David.

WBCP NEWSLETTER STAFF

Fred Pisoni, Newsletter Editor

Bethany Wolf, Director of Communications

Send newsletter comments or suggestions to:
fpisoni@aol.com

Lost and Found

She has gone where I cannot follow.
She is not coming back.

There is no short cut to me,
No one left who knows the way.

She has gone.
She cannot come back.

Combing memories,
Seeking her essence,
Flutes of flat champagne,
Strewn about after a party,
Bubbles gone.



My mom died two months into the pandemic lockdown, with none of her family by her side. I witnessed her decline on my tablet and phone without touch. As though waking from a deep sleep, I float between this digital dream and reality. I grasp at wisps of her truth. She is gone.

Mom's community was closed to all but essential staff during the pandemic, and I was not essential. As her health deteriorated, hospice took over her care, and allowed us end-of-life visits. From that point until her death, FaceTime was our sole connection. I yearned to hold her hand. Mom loved to be touched, and, as she got older, we often held hands; mine cautiously cupping hers, careful to mind my strength, hers bird-like with arthritis, and fluttery from a life-long tremor. She basked in the contact; I took comfort from her familiar tremble. Mom's dementia kept her from understanding the pandemic, and that she was dying. FaceTime baffled her. The puzzled expression looking out at me from the screen asked questions she could no longer put into words, "Where are you? When are you coming over?" Our daily digital visits grew into exhausting exercises in disequilibrium; me trying desperately to connect, wondering if this visit would be our last, Mom looking off to one side, mystified by my talking head. When she stopped dressing and getting out of bed, we FaceTimed via an aide's cell phone. She stopped eating, then drinking, eventually no longer opening her eyes or smiling. FaceTime became a means for me to evaluate the changes. Connecting was impossible. I sang, and recounted family stories. I began reciting everything I loved about her, every lesson she imparted, like prayers,

a litany. It was easier to share my thoughts with her eyes closed. I could pretend she understood without the evidence of her bewilderment.

She hung on.

I still struggle to accept that Mom, living mere miles away, died with only her aides by her side. Pre-COVID, I saw her every week. I never imagined that complying with safety measures would result in her dying without her family. I could not have envisioned gleaning what little I could through the bobbing lens of an aide's unsteady cell phone camera or making decisions based upon second-hand summaries of hospice visits.

Nothing about Mom's passing felt real in the digital realm. The funeral home propped an iPad on a stand and perched it over Mom's cremation casket so my sister and I could spend time with her body. Seeing the waxy cast to her familiar face, and the unnatural stillness of her, helped me accept her death. Our only ritual has been to share memories of her on Zoom. Her ashes are at the funeral home, waiting. Mom's death on pause, unfinished. I miss the mom who was the architect of family rituals. She civilized the toddler-barbarian me with a lunch-time routine. "Let's have a conversation," she would say to me each day as we sat down to eat. Every morning growing up, she opened my door and said, "Good morning, Mary sunshine!" despite my not being a Mary like her, her mother, and grandmother. The queen of catch phrases, she'd say, "We're gonna have a feasty!" to her grandchildren as she settled them into their seats for a family meal, and, after dementia set in, she would say "Boo!" when she wanted us to laugh. She could find humor in the most unlikely circumstances. When one of my kids was in the hospital, I noticed people congregating in our room, and a nurse said, "Everyone likes to come in here 'cause you guys are always laughing." I immediately thought of Mom.

The night Mom died, her aide called me on my cell phone — death as a second-hand experience, a literal game of telephone. Finding Mom in my memories, reactions, and behaviors reminds me that I am alive with her spirit. She comes shining through in my daughter's laughter. She is present in my son's twinkling eyes and arching brow. She is gone but will never be lost. We ensure her immortality.

*Linda Lorndale, Participant in WBCP's
New Directions Program*

MEMBER ANNOUNCEMENTS

UMI CHONG had the article, “Remaining to be Seen” published in ROOM: A Sketchbook for Analytic Action in June 2021. Here’s a link to the article:

<https://analytic-room.com/essays/remaining-to-be-seen-by-umi-chong/>

JUSTINE KALAS REEVES is the recipient of the highly esteemed Gradiva Award granted to the book *Finding the Piggie: Reconsidering D. W. Winnicott’s Most Famous Child Case* (edited by Corinne Masur) in which Justine has a chapter entitled “A Child Analyst Looks at the Piggie in 2020.” Justine is in fine company in this book, including Winnicott experts Deborah Luepnitz, Brett Kahr, and Christopher Reeves.

KERRY MALAWISTA, ANNE ADELMAN, and LINDA KANEFIELD have written a book, *When The Garden Isn’t Eden: More Psychodynamic Concepts from Life*, which will soon be released by Columbia University Press. It follows the format of the earlier book, *Wearing My Tutu to Analysis and Other Stories* (by Malawista, Adelman & Catherine Anderson). Once again, blending storytelling and psychotherapy, sharing stories from personal and professional lives to demonstrate the richness of psychodynamic thinking.

ELLIOTT SCHWEBACH published a review of David Levine’s *Depending on Strangers* in the journal Free Associations.

http://freeassociations.org.uk/FA_New/OJS/index.php/fa/article/view/418/653

RICHARD WAUGAMAN was named Oxfordian of the Year by the Shakespeare Oxford Fellowship. Here is their announcement:

<https://shakespeareoxfordfellowship.org/richard-waugaman-oxfordian-of-the-year/>

Meet the Board



Anita Bryce

Anita Bryce, Ph.D., (President) is a graduate of the Adult and Child Training Programs of the Baltimore Washington Center. She is a Training and Supervising Analyst and current President of the Washington Baltimore Center for Psychoanalysis. Dr. Bryce is Past President of the Baltimore Washington Psychoanalytic Society and Past Director of the Child and Adolescent Training Program of the Washington Psychoanalytic Center. She has been in private practice in McLean, Virginia, and Washington, DC, for the last 35 years and has been on the faculty of a number of universities and training programs. Dr. Bryce received her undergraduate degree in psychology from Vanderbilt University, and her masters and doctorate degrees from the University of Pittsburgh. She has presented numerous papers over the years and has published in the following areas: treatment of emotionally disturbed children, mental health burnout, partial hospitalization of adolescents, and mental health law.



Deborah Feldheim

Deborah L. Feldheim, M.D., (Immediate Past-President) is a psychiatrist and a psychoanalyst with a private practice in Washington, DC. She is currently the Immediate Past President of the Washington Baltimore Center for Psychoanalysis and Co-chair of the Community Outreach Committee. Dr. Feldheim has been on the Board of Directors of the Center since 2011 as Chair of the PMC, Vice President of Education and President. She is a Supervising and Training Analyst, on the faculty of the WBCP Institute and the PSP and an Assistant Professor of Psychiatry at The GWU School of Medicine.



Yvonne M. De Cuir

Yvonne M. De Cuir, Ph.D., A.B.P.P., is the Vice President of Education and the incoming President of the Board. She is a Training and Supervising Analyst at WBCP, as well as a supervisor in the PSP and in the Howard University Hospital Department of Psychiatry and Behavioral Sciences. Her teaching responsibilities include teaching at WBCP, ICP&P, and in the Departments of Psychiatry and Behavioral Sciences at The George Washington University and Howard University. She maintains a private practice in psychoanalysis and psychoanalytic psychotherapy with older adolescents and adults in Dupont Circle.



Karol Kullberg

Karol Kullberg, ACSW, LCSW-C, (VP Board Affairs) did her undergraduate work at the University of California, Santa Barbara, and Columbia University, Barnard College. She developed an interest in clinical work while beginning her career as a special education teacher in a psychoanalytically-informed private school for children with emotional and developmental disorders. She did her graduate work at Smith College and trained at the Mental Retardation Institute and Albert Einstein Medical School. She worked in the therapeutic nursery and Child Psychiatry Clinic at St. Luke's Roosevelt Hospital and maintained a private practice in New York City for 15 years before joining the staff at Chestnut Lodge Hospital in 1995, where she became the Director of the Lodge Day Program, a Partial Hospital and Outpatient program for the treatment of severe affective and addictive disorders. She was Clinical Director of the Lodge School and The Sheppard Pratt School, Rockville, serving students 5-22 with emotional and autism spectrum disorders. She is in private practice in Rockville, seeing adults, adolescents, and families. She is on the faculty of the WBCP, and on the Admissions, PSP Steering, and the Community Outreach Committees. Previously, she served on the board of the Treehouse, Montgomery County's Child Assessment Center for abused children.

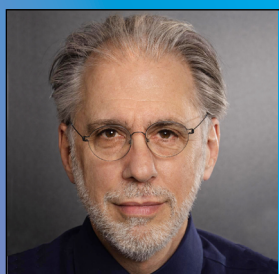


Cary Gold

Cary Gold (Treasurer) received his BA from Vanderbilt University, and his MBA in finance from the University of Pittsburgh. He is retired, having been a Vice President at Morgan Stanley where he worked for over a quarter of a century. At Morgan Stanley, he advised individuals, oversaw retirement plans and worked with nonprofit organizations in building and maintaining their portfolios. Prior to working in the financial world, Mr. Gold worked on both of the Jimmy Carter Presidential Campaigns, mainly in the area of fundraising. He then went on to work in the Carter Administration in the Department of Housing and Urban Development (HUD). Mr. Gold continues to pay very close attention to the financial markets, and is active with the National Marrow Donor Program, volunteering as a courier of bone marrow for transplants that are being undertaken all over the world. Mr. Gold has two daughters, Kalie Gold who works in Africa in the area of microfinance and Bryce Gold, who is a graduate of The George Washington PsyD Program and lives locally. Mr. Gold is married to Anita Bryce, the President of the Washington Baltimore Center for Psychoanalysis and when he is not volunteering his favorite activities involve travel and being a grandfather.

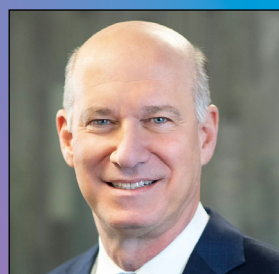
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Marc S. Levine

Marc S. Levine, M.D., (Institute Director) is a psychiatrist and psychoanalyst. He is the Director of the Washington Baltimore Psychoanalytic Institute, a Supervising and Training Analyst, and Associate Clinical Professor of Psychiatry at The George Washington University School of Medicine. Dr. Levine teaches in the Institute and in our Psychoanalytic Studies Program. He has been a member of the Board of Directors of the Center since 2014. Dr. Levine maintains a private practice in Washington, DC, where he sees adults and adolescents in individual psychotherapy and psychoanalysis.



Jeffrey S. Akman

Jeffrey S. Akman, M.D., serves as the Interim Chair of the GW Department of Psychiatry and Behavioral Sciences. Recognized as a pioneer in HIV/AIDS psychiatry and for his expertise in LGBTQ mental health, he was appointed as the first openly gay dean and the first openly gay vice president in the university's history. Under his leadership as the vice president for health affairs and the dean of the School of Medicine and Health Sciences (SMHS) from 2011 to 2020, GW SMHS saw significant expansion of its diversity, equity and inclusion efforts, biomedical and health sciences research, the creation of new clinical services including the GW Cancer Center along with significant growth in innovative educational programs and faculty development and wellness programs. Dr. Akman previously served as the Leon M. Yochelson Professor and Chair of the GW Department of Psychiatry prior to assuming the deanship and initiated the discussions which led to the affiliation between GW and WBCP.



David Cooper

David Cooper, Ph.D., is a clinical psychologist, who graduated from the Washington Psychoanalytic Institute in 1995. He joined the Institute faculty after graduating. At the Institute, he has taught and served for several years as Curriculum Committee Chair. He is a past president of the Washington Center, helping to shepherd the merger of the two Centers. He has served several terms as Board Director at APsA (formerly titled Councilor to the APsA Executive Council). In this role, he has served on the APsA Board Executive Committee and has chaired committees to survey the APsA membership about TA functions and to examine advocacy efforts on behalf of the association. On the WBCP Board he co-chairs the Diversities Committee and chairs the Scholarship Committee; he has also served on the working group which has overseen the DEI consultation.



Alan Heilbron

Alan Heilbron, M.S., is the Co-Founder and Board Chairman of Homework/ Solutions, Inc. Previously, he had been the Founder and Board Chairman of Time Critical Freight, Inc.; the President and Chief Financial Officer of Air Rights Communications, Inc.; and has held various other financial positions. He has a B.S. from Tufts University and a M.S. from Northeastern University.



Terri Judge

Terri Judge, Ph.D., joined the Board in 2021. She is a graduate analyst, trained at the Washington Center for Psychoanalysis and is in full time private practice in Northwest Washington, DC. She has served in many roles for the WBCP, including past positions as chair of the low fee clinic and the study group program, and current roles as chair of the Conference Program, member of the Faculty Development Committee, the Scholarship Committee, the Community Outreach Committee, supervisor in The GWU psychiatry program, and has prior board experience for a local independent school. Terri will become the new VP of Education at the beginning of the next term.

Dr. Judge received her M.S. and Ph.D. from the University of Pennsylvania, completed internship training at Saint Elizabeths Hospital, postdoctoral training at Chestnut Lodge Hospital, and worked on the medical staff of CLH until 1998. Prior to private practice, she worked in a variety of inpatient and residential treatment settings with adults and adolescents. In her practice, she supervises early career professionals and treats adults and late adolescents with an interest in the developmental transitions of early, mid, and late adulthood, mood and anxiety disorders, relationship and work difficulties, and identity concerns.

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Kerry Malawista



Erica McClaskey



Beth Roberts



Molly Ryan

Kerry Malawista, Ph.D., is a training and supervising analyst at the Contemporary Freudian Society. Co-chair of New Directions in Writing, Board Member—Washington Baltimore Center for Psychoanalysis, and founder of The Things They Carry Project—offering virtual writing workshops for healthcare and frontline workers across the country. She is permanent faculty at the Contemporary Freudian Society and has taught at George Washington University Psychology Doctoral Program, Virginia Commonwealth University, and Smith College School of Social Work. She is co-author of *Wearing My Tutu to Analysis and Other Stories* (2011) and with Robert Winer, *Who's Behind the Couch* (2017) and co-editor, *The Therapist in Mourning: From the Faraway Nearby* (2013) and many professional articles. Her essays have appeared nationally in newspapers, magazines and literary journals including *The New York Times*, *The Washington Post*, *The Baltimore Sun*, *The Boston Globe*, *Zone 3*, *Washingtonian Magazine*, *The Huffington Post*, *Bethesda Magazine*, *Arlington Magazine*, *The Account Magazine*, and *Delmarva Review*, which nominated her for a Pushcart Prize. She is in private practice in Potomac, MD and McLean, VA. When the Garden Isn't Eden will be published by Columbia University Press May 2022 and her first novel *Meet the Moon*, shortlisted for the Kraken Prize, September 2022.

Erica McClaskey, M.D., M.S., FAAFP, is the Bureau Chief for the Family Health Bureau at the Department of Health in Washington, DC, where she serves as the principal advisor to the Deputy Director of Policy and Programs and Senior Deputy Director on issues related to maternal and child health, providing strategic direction for and oversight of perinatal and infant, early childhood, adolescent and school health programs and policies for the District of Columbia, including maternal health, newborn screenings, infant mortality reduction, child maltreatment prevention, child development, children with special healthcare needs, school health services, adolescent health, violence prevention, and other programs to improve the health status of children and families. As a board-certified Family Medicine physician, she serves as a subject matter expert on several committees within the District pertaining to infant and maternal health issues. She has over 10 years of experience practicing inpatient and outpatient medicine in obstetrics, pediatrics, and internal medicine, including women's general health. Dr. McClaskey continues to work in medical education through her committee work and teaching at Georgetown University Medical School.

Beth Roberts, J.D., is a health lawyer at Hogan Lovells US LLP. She earned her J.D. at The University of Texas School of Law, and her Bachelor of Science at The Wharton School of the University of Pennsylvania. Beth has served on the board of the Washington Baltimore Center for Psychoanalysis for over six years, and was the recipient of the Mary W. Allen Memorial Award in 2019 for distinguished service and dedication in the field of psychoanalysis. Beth gains great satisfaction from her pro bono work and giving back to the community. Her firm, Hogan Lovells represented WBCP on a pro bono basis in its merger with the Baltimore Washington Center for Psychotherapy and Psychoanalysis (BWCPP). In her legal practice, Beth counsels on Medicare and other health care issues and lobbies the U.S. Congress and regulatory agencies on her clients' behalf. Her clients include health care providers; pharmaceutical, biotechnology, and medical device manufacturers; investors; and professional and trade associations.

Molly Ryan, M.B.A., Vice President, Government Affairs & Policy, Global Blood Therapeutics (GBT), is a seasoned corporate executive, health care policy expert with over 20 years of accumulated experience in both biotechnology and pharmaceutical industry. Molly is a trusted and recognized expert in legislative affairs, alliance development, and regulatory policy across the health care industry. As the Vice President of Government Affairs & Policy, Molly oversees policy development impacting patients living with sickle cell disease in the US, Europe, Africa, and Latin America. With a focus on innovation, Molly was instrumental in creating payment policy to support digital therapeutics in a fast-growing market and is an advocate for cancer screening. She is a driven and collaborative professional that has dedicated her career to helping internal and external stakeholders understand the policy environment while developing and executing strategies to shape access for patients. Prior to migrating to the United States, Molly was a morning anchor on Kenya Broadcasting Corporation's first FM radio station 101.9 Metro FM and had 3 million listeners daily. Molly is an advocate of grooming the next generation of leaders. She is the co-founder of Washington Heads of Office Leadership Council (WHOOLC) and volunteers her time on the following boards: Public Affairs Council, Ripon Society, Congressional Award Foundation, and the Washington Baltimore Center for Psychoanalysis (WBCP).

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Joseph Chirico

Joseph Chirico, M.B.A., is the new Executive Director of WBCP. He has been a leading consultant for nonprofit and banking relationships in the greater DC region for more than 30 years. Joe is an expert in deploying proven financial and management tools to help organizations advance their missions and improve their customer service. In addition to Joe's extensive banking experience, he has provided board and executive leadership to several nonprofit institutions including the Universities at Shady Grove, a local private school and was the Treasurer Board Member of the Montgomery County Food Council. He is one of the longest-serving board members of Bethesda Green, a local public private collaboration in Bethesda to foster environmental awareness and livable communities. Joe is actively involved in the leadership and management of the Haystack Project, which is a nonprofit organization dedicated to supporting patients and families affected by ultra-rare diseases. Joe has an M.B.A. from Monmouth University and a B.A. from William and Mary. He has completed an advanced banking certificate program through the Stonier Graduate School of Banking. He has lived in Bethesda with his wife and family for more than 20 years.



Elizabeth Manne

Elizabeth Manne, B.A., RYT500, was a founding member of a non-profit theatre company in Hollywood, California in the late 1970s. It was here that Elizabeth learned about commitment to an organization staffed by dedicated professionals volunteering their time for the love of the organization's mission. Prior to her position as Executive Director of the Baltimore Washington Center for Psychotherapy and Psychoanalysis beginning in 1991, Elizabeth was a Communications Assistant for the Association of America's Public Television Stations in Washington, DC, where she wrote a newsletter addressed to members of Congress, emphasizing the benefits of funding public television. As Executive Director of the WBCP, Elizabeth works with officers, committee chairs, members, staff and consultants to ensure the smooth operation of the administrative functioning of the Center. Elizabeth is a registered yoga teacher at the 500-hour level.



Bethany Wolf

Bethany Wolf has over 15 years of experience in the non-profit and public sectors. She is currently overseeing WBCP's Comprehensive Communications Initiative which includes a complete redesign of the Center's website. She works closely with Board members, the Website Work Group, and Thinking Partners, a digital agency hired to undertake the website project. Additionally, Bethany is responsible for guiding the strategy for all marketing efforts and positioning WBCP as the leading provider of psychoanalytic and psychodynamic training, education, and professional development in our region. Prior to joining WBCP, she served as the Director of Events at the University of Arizona's Washington DC Center for Outreach & Collaboration, and as a Senior Advisor at Kids in Focus, a non-profit dedicated to helping children facing homelessness and neglect. Bethany lives in Northwest Washington, DC, and enjoys spending time with her friends and family. She is also an avid yoga enthusiast.

